

## SUN PROTECTION POLICY

### AIM:

**To ensure that all children attending our centre are protected from skin damage caused by the harmful ultraviolet rays of the sun.**

1. Hats will be worn by educators and children outside, during the months of August until end of April and when UV rays are strongest and UVR level is 3 and above. All children will wear legionnaire or bucket hats. Educators will wear a legionnaire or broad brimmed hat.
2. SPF 30+ broad spectrum sunscreen will be applied throughout the day, 15-20 minutes before going outside during the months of August until end of April, and when the UVR level is 3 and above. Sunscreen will be reapplied every 2 hours while outside.  
If sunscreen is provided by families due to allergy reasons then the cream needs to be 30+ broad spectrums. (The need for sunscreen during other months will be at the Team Leader's discretion).
3. Preschool children will be encouraged to apply their own sunscreen with adult supervision to ensure that they are fully protected.
4. Parents/caregivers are encouraged to apply sunscreen before or on arrival at the centre.
5. Children will be encouraged to avoid direct exposure to the sun between 10a.m. and 2p.m. (11 - 3 daylight saving time).
6. Children who are not wearing a hat will be directed to play inside or under the verandah.
7. Parents/caregivers are encouraged to dress their children in appropriate protective clothing. (Anti-Cancer Foundation recommends hats that shade the face, back of neck and ears. Shirts/Dresses with sleeves are encouraged).
8. The centre will incorporate sun and skin awareness activities into teaching programs. Sunsmart behaviour is regularly reinforced and promoted to the whole community (eg via newsletters), and all new educators and families are informed of the policy.
9. Educators will model positive skin protection behaviour, by applying sunscreen, wearing hats and appropriate clothing for outdoor experiences. We encourage all parents and adults to do the same when outside in the yard.
10. On enrolment of their child, parents/caregivers will be:
  - a) Informed of our sun protection policy
  - b) Supplied with an appropriate hat for the child at a small cost to the parent.
11. Infants are extremely likely to be burnt even in the shade, so we will ensure at all times that when children go outside they wear a hat and appropriate clothing that covers the majority of exposed skin. We will apply minimal

### *Sources:*

[www.sunsmart.org.au](http://www.sunsmart.org.au)

*Sunsmart Program Policy Resources, A sample skin protection policy for early childhood centres. Cancer Council SA*  
<http://www.cancersa.org.au>

sunscreen to the infants to ensure that their sensitive skin doesn't have a reaction.

12. The Management Committee/Governing Council has a commitment to ensuring that we meet the Cancer Council SA Guidelines on providing adequate shade in our yard.

***If you require further information regarding any of our policies, go to [www.decd.sa.gov.au](http://www.decd.sa.gov.au)***

***In accordance with Quality Area 2: Children's Health and Safety***

To safeguard and promote children's health and safety, minimise risks and protect children from harm, injury and infection. All children have the right to experience quality education and care in an environment that provides for their physical and psychological wellbeing and provides support for each child's growing competence, confidence and independence.

Element 2.1.1 Each child's health needs are supported.

Element 2.3.2 Every reasonable precaution is taken to protect children from harm and any hazard likely to cause injury.

[www.acecqa.gov.au](http://www.acecqa.gov.au)

**Reviewed:** February 2017

**Next Review:** February 2018

**Reviewed by:** il nido Children's Centre

*Sources:*

[www.sunsmart.org.au](http://www.sunsmart.org.au)

*Sunsmart Program Policy Resources, A sample skin protection policy for early childhood centres. Cancer Council SA*  
<http://www.cancersa.org.au>